



Shaili Jain, MD

Adjunct Clinical Professor, Psychiatry and Behavioral Sciences

Bio

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Dr. Jain is a board certified psychiatrist with specialty expertise in posttraumatic stress disorder (PTSD), primary and mental health integrated care, and women's health psychiatry. She is a former health services researcher, affiliated with the National Center for PTSD, who focuses on developing innovative ways to enhance the reach of mental healthcare in underserved populations with PTSD. Her work is widely accredited for elucidating the role of paraprofessionals and peers in the treatment of American veterans with PTSD.

She serves as the Psychiatry representative on Stanford's Executive Committee of the Association of Adjunct Clinical Faculty (AACF) and is also a council member for the Adjunct Clinical Faculty (ACF) council in Stanford's department of psychiatry. She is a distinguished fellow of the American Psychiatric Association.

Dr. Jain is an internationally recognized leader in communicating to the public about trauma and PTSD. Her posts for her Psychology Today blog on PTSD, In the Aftermath of Trauma, have been viewed over 350,000 times. Her acclaimed debut non-fiction trade book, *The Unspeakable Mind: Stories of Trauma and Healing from the Frontlines of PTSD Science* (Harper, 2019), was nominated for a National Book Award, and her essays and commentaries on trauma and PTSD have been presented by the BBC, CNN, The New York Times, STAT, Newsweek, The Los Angeles Times, The Washington Post, The Atlantic, USA Today, TEDx, public radio, and others