Stanford



Takudzwa Shumba

Clinical Associate Professor, Medicine - Primary Care and Population Health

CLINICAL OFFICE (PRIMARY)

- **Stanford Family Medicine**

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Bio

BIO

Dr. Takudzwa Shumba is a family medicine clinician-educator with particular interests in global health equity, preventative medicine, women's health, pediatrics and integrative medicine. She was born and raised in Zimbabwe. Prior to beginning medical school at Stanford, she completed a Master's in Public Health at Yale, with a focus in global health. She has been involved in public health projects in Zimbabwe, Hong Kong and mainland China and Kenya. She completed her residency at Stanford Health Care - O'Connor Hospital Family Medicine in San Jose, prior to joining faculty at Stanford Family Medicine. LGBTQQI friendly. After several years as a continuity primary care provider at Stanford Family Medicine, she transitioned to providing quality same day access for acute patient needs.

She is currently Co-director of the Leadership Education in Advancing Diversity (LEAD) program, Associate Director of the Clinical Summer Internship (CSI), and was Course Director of the undergraduate seminar “Decolonizing Global Health,” and Co-Director of the "Social and Environmental Determinants of Health" elective. She is a California Health Care Foundation (CHCF) Fellow (2020-2022) and Presidential Leadership Scholar (2022). She previously served as the Primary Care and Population Health (PCPH) Division Global Health faculty lead and PCPH DEI faculty lead.

CLINICAL FOCUS

- Family Medicine

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Medicine - Primary Care and Population Health

ADMINISTRATIVE APPOINTMENTS

- Co-director, Stanford Leadership Education in Advancing Diversity (LEAD), (2021- present)
- Associate Director, Stanford Clinical Summer Internship (CSI), (2023- present)
- Council Member, Stanford DOM CE Advisory Council, (2023-2025)
- Global Health Faculty Lead, Stanford Primary Care and Population Health Division, (2019-2023)

- DEI Faculty Lead, Stanford Primary Care and Population Health Division, (2020-2023)

HONORS AND AWARDS

- Professionalism in Medicine Task Force Member, Society for Teachers in Family Medicine (2025-2027)
- Division Teaching Award, Stanford Department of Medicine, Primary Care and Population Health Division (2024)
- Fellow, American Academy of Family Physicians (2023-present)
- Fellow, Rathmann Family Foundation Fellowship in Patient-Centered Care (2023-2024)
- Honors Scholar, Stanford Health Professions Education and Scholarship Program (formerly CTSS) (2022-2023)
- Scholar, Presidential Leadership Scholars (2022)
- New Faculty Scholar Award, Society of Teachers in Family Medicine (2021)
- Fellow, California Health Care Foundation (2020-2022)
- Excellence in Mentoring Award, Stanford (Clinical Observation and Medical Transcription) Scribe Fellowship (2020)
- Fellow, UCSF Family Medicine Faculty Development Fellowship (2019-2020)
- Scholar, STFM Medical Student Educators Development Institute (2018-2019)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- International Fellowship Reviewer, American Association of University Women (AAUW) (2025 - present)

PROFESSIONAL EDUCATION

- BS, Yale College , Molecular, Cellular and Developmental Biology (2007)
- MPH, Yale School of Public Health , Global Health (2008)
- MD, Stanford University School of Medicine , Concentration: Health Services and Policy Research (2014)
- Residency, Stanford Health Care - O'Connor Hospital Family Medicine Residency , Family Medicine (2017)
- Integrative Medicine Certificate, University of Arizona Andrew Weil Center for Integrative Medicine (2017)
- Board Certification: Family Medicine, American Board of Family Medicine (2017)
- Fellowship, UCSF Department of Family and Community Medicine , Family Medicine Faculty Development (2020)
- Fellowship, University of Arizona Andrew Weil Center for Integrative Medicine , Integrative Medicine (2025)

Teaching

COURSES

2024-25

- Decolonizing Global Health: MED 54Q (Spr)

2023-24

- Introduction to Integrative Medicine: MED 244 (Aut)

Publications

PUBLICATIONS

- **Underrepresented in Medicine Trainees' Sense of Belonging and Professional Identity Formation after Participation in the Leadership Education in Advancing Diversity Program.** *Academic pediatrics*

  Yemane, L., Powell, C., Edwards, J., Shumba, T., Alvarez, A., Bandstra, B., Brooks, M., Brown-Johnson, C., Caceres, W., Dunn, T., Johnson, C., Perez, F. D., Reece-Nguyen, et al

  2024