Stanford



Amy Voedisch MD, MSCP

Clinical Associate Professor, Obstetrics & Gynecology - General

CLINICAL OFFICE (PRIMARY)

- **Gynecology Clinic**
  900 Blake Wilbur Dr
  Palo Alto, CA 94304
  Tel (650) 725-6079 **Fax** (650) 723-6046

Bio

BIO

Dr. Voedisch was born and raised in a small town in Minnesota. She received a BA from Macalester College and attended Mayo Medical School. She completed a residency in Obstetrics and Gynecology at Kaiser Permanent Santa Clara and a Fellowship in Complex Family Planning at Stanford School of Medicine. She also has a Masters in Epidemiology and Clinical Science Research from Stanford University. Dr. Voedisch is a board certified Complex Family Planning physician and a certified menopause practitioner through The Menopause Society. Dr. Voedisch is passionate about providing comprehensive reproductive healthcare to all women at any stage in their lives. She specializes in contraception, abortion, perimenopause and menopause. Dr. Voedisch has a particular interest in international healthcare and serves as a consultant through the Stanford Program for International Reproductive Education and Services (SPIRES), providing medical education and quality assurance in family planning internationally. Dr. Voedisch believes strongly in shared-decision making between patients and their physicians in order to help all patients reach their health goals.

CLINICAL FOCUS

- Perimenopause
- Menopause
- Family Planning
- Gynecology
- Contraception
- Global Health

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Obstetrics & Gynecology - General

HONORS AND AWARDS

- Clinical Fellow Teaching Award, Department of Obstetrics and Gynecology, Stanford School of Medicine (2010)
- Cassandra Floyd Community Service Award, Department of Obstetrics and Gynecology, Kaiser Permanente (2007)
- Outstanding Medical Student Teaching Award, Department of Obstetrics and Gynecology, Kaiser Permanente (2007)

- Magna Cum Laude, Macalester College (1998)
- OT and Kathryn Walter Award, Macalester College (1998)
- Phi Beta Kappa, Macalester College (1998)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, Physicians for Reproductive Health (2009 - present)
- Member, American College of Obstetrics and Gynecologists (2009 - present)
- Member, Bay Area Leadership Council for the International Women's Health Coalition (2018 - present)
- Member, International Menopause Society (2018 - present)
- Member, North American Menopause Society (2018 - present)

PROFESSIONAL EDUCATION

- Board Certification: Complex Family Planning, American Board of Obstetrics and Gynecology (2024)
- BA, Macalester College , Biology (1998)
- Medical Education: Mayo Medical School (2003) MN
- Residency: Kaiser Permanente/Santa Clara (2007) CA
- Fellowship, Stanford School of Medicine , Family Planning (2011)
- MS, Stanford School of Medicine , Epidemiology and Clinical Research (2011)
- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2009)
- Board Certification, American Board of Obstetrics and Gynecology , Complex Family Planning (2024)

COMMUNITY AND INTERNATIONAL WORK

- SPIRES

Publications

PUBLICATIONS

- **Menopause.** *Current opinion in obstetrics & gynecology*
  Voedisch, A.
  2023; 35 (2): 140
- **Counseling on hormone replacement therapy: the real risks and benefits.** *Current opinion in obstetrics & gynecology*
  Voedisch, A. J.
  2023
- **In Reply.** *Obstetrics and gynecology*
  Dunsmoor-Su, R., Fuller, A., Voedisch, A.
  1800; 139 (2): 342-343
- **Oestrogen component of COCs: have we finally found a replacement for ethinyl estradiol?** *Current opinion in obstetrics & gynecology*
  Voedisch, A. J., Fok, W. K.
  2021; 33 (6): 433-439
- **Testosterone Therapy in Women: A Clinical Challenge.** *Obstetrics and gynecology*
  Dunsmoor-Su, R., Fuller, A., Voedisch, A.
  2021
- **Menopause: A Global Perspective and Clinical Guide for Practice.** *Clinical obstetrics and gynecology*
  Voedisch, A. J., Dunsmoor-Su, R., Kasirsky, J.
  2021; 64 (3): 528-554

- **Perimenopausal contraception.** *Current opinion in obstetrics & gynecology*
  Voedisch, A. J., Ariel, D. n.
  2020
- **Combined hormonal contraception and migraine: are we being too strict?** *Current opinion in obstetrics & gynecology*
  Voedisch, A. J., Hindiyeh, N.
  2019
- **Postpartum intrauterine devices: Clinical and programmatic review.** *American journal of obstetrics and gynecology*
  Goldthwaite, L. M., Cahill, E. P., Voedisch, A. J., Blumenthal, P. D.
  2018
- **Early Pregnancy Failure** *BEREK and Novac's Gynecology*
  Voedisch, A. J., Cahill, E.
  2018; 16
- **Difficult implant removals** *CURRENT OPINION IN OBSTETRICS & GYNECOLOGY*
  Voedisch, A., Hugin, M.
  2017; 29 (6): 449–57
- **Long-term culture of human liver tissue with advanced hepatic functions.** *JCI insight*
  Ng, S. S., Xiong, A., Nguyen, K., Masek, M., No, D. Y., Elazar, M., Shteyer, E., Winters, M. A., Voedisch, A., Shaw, K., Rashid, S. T., Frank, C. W., Cho, et al
  2017; 2 (11)
- **Postpartum Contraception** *Contemporary OB-GYN*
  Voedisch, A. J., Blumenthal, P.
  2012; 57 (1)
- **Strategies to prevent unintended pregnancy: increasing use of long-acting reversible contraception** *HUMAN REPRODUCTION UPDATE*
  Blumenthal, P. D., Voedisch, A., Gemzell-Danielsson, K.
  2011; 17 (1): 121-137
- **Sterilization** *Precis*
  Voedisch, A. J., Blumenthal, P.
  2010; 4th
- **Hormonal Contraception: New Approaches for Select Patients** *The Female Patient*
  Carrie, F., Voedisch, A. J., Blumenthal, P.
  2010; 35