

Stanford



Yulia Zak, MD, FACS

Clinical Assistant Professor, Surgery - General Surgery

CLINICAL OFFICE (PRIMARY)

- **General Surgery**

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ACADEMIC CONTACT INFORMATION

- **Academic & Administrative Contact**

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Bio

BIO

Dr. Yulia Zak is a board-certified, fellowship-trained minimally invasive and bariatric (weight loss) surgeon. She is also a clinical assistant professor of surgery at Stanford University School of Medicine. Dr. Zak is the program director and unit-based medical director for the Minimally Invasive, Bariatric, and Foregut Fellowship Program.

Dr. Zak specializes in bariatric surgery, foregut (upper digestive tract) surgery, and abdominal wall procedures. Her research is focused on quality improvement measures, surgical education, and bariatric surgery outcomes. She has published her work in numerous peer-reviewed journals, including Obesity Surgery and the Journal of the American College of Surgeons.

Dr. Zak is a fellow of the American College of Surgeons.

CLINICAL FOCUS

- General Surgery
- Bariatric Surgery
- Minimally Invasive Surgery

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Surgery - General Surgery

PROFESSIONAL EDUCATION

- Residency: Stanford University Dept of General Surgery (2014) CA
- Board Certification: General Surgery, American Board of Surgery (2015)
- Fellowship: Massachusetts General Minimally Invasive and Bariatric Surgery Fellowship (2015) MA
- Medical Education: SUNY Downstate College of Medicine (2007) NY

Publications

PUBLICATIONS

- **Novel Technique of Breast Reconstruction with Omental Fat-Augmented Free Flap Improves Donor Site Morbidity and Reduces Postoperative Narcotic Use**
Deptula, P. L., Zak, Y., Dua, M. M., Wapnir, I. L., Nguyen, D.
ELSEVIER SCIENCE INC.2021: S36-S37
- **Enhanced Recovery after Bariatric Surgery: Further Reduction in Opioid Use with the Introduction of Dexmedetomidine and Transverse Abdominis Plane Block**
Alimi, Y. R., Crawford, E., Hoorzuk, S., Cheng, N., Lu, A., Kennedy, L., Ahmed, T., Esquivel, M., Azagury, D. E., Zak, Y.
ELSEVIER SCIENCE INC.2021: S21
- **Experience With Vertical Sleeve Gastrectomy in Adolescent and Young Adult Ehlers-Danlos Syndrome Patients: a Case Series and Review of the Literature** *Obesity Surgery*
Herdes, R. E., Abu El Haija, M., Johnson, K., Shepard, W., Zak, Y., Bruzoni, M., Pratt, J. S.
2021
- **Development and Evaluation of a Novel Instrument to Measure Severity of Intraoperative Events Using Video Data.** *Annals of surgery*
Jung, J. J., Jüni, P. n., Gee, D. W., Zak, Y. n., Cheverie, J. n., Yoo, J. S., Morton, J. M., Grantcharov, T. n.
2020
- **Development and Evaluation of a Novel Instrument to Measure Severity of Intraoperative Events Using Video Data.** *Annals of surgery*
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2020; 272 (2): 220–26
- **Compliance With Gastric Cancer Guidelines is Associated With Improved Outcomes.** *Journal of the National Comprehensive Cancer Network*
Worhunsky, D. J., Ma, Y., Zak, Y., Poultides, G. A., Norton, J. A., Rhoads, K. F., Visser, B. C.
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- **Laparoscopic spleen-preserving distal pancreatectomy: the technique must suit the lesion.** *Journal of gastrointestinal surgery*
Worhunsky, D. J., Zak, Y., Dua, M. M., Poultides, G. A., Norton, J. A., Visser, B. C.
2014; 18 (8): 1445-1451
- **The Epidemiology of Idiopathic Acute Pancreatitis, Analysis of the Nationwide Inpatient Sample From 1998 to 2007** *PANCREAS*
Chen, Y., Zak, Y., Hernandez-Boussard, T., Park, W., Visser, B. C.
2013; 42 (1): 1-5
- **Failure to comply with NCCN guidelines for the management of pancreatic cancer compromises outcomes** *HPB*
Visser, B. C., Ma, Y., Zak, Y., Poultides, G. A., Norton, J. A., Rhoads, K. F.
2012; 14 (8): 539-547
- **Another Use of the Mobile Device: Warm-up for Laparoscopic Surgery** *JOURNAL OF SURGICAL RESEARCH*
Plerhoples, T. A., Zak, Y., Hernandez-Boussard, T., Lau, J.
2011; 170 (2): 185-188
- **Predictors of Surgical Intervention for Hepatocellular Carcinoma** *ARCHIVES OF SURGERY*
Zak, Y., Rhoads, K. F., Visser, B. C.
2011; 146 (7): 778-784
- **Crossed fused renal ectopia with calculi** *JOURNAL OF THE AMERICAN COLLEGE OF SURGEONS*
Ghosh, B. C., DeSantis, M., Kleyner, Y., Zak, Y.
2008; 206 (4): 753
- **Patterns of recurrence of colorectal cancer** *JOURNAL OF SURGICAL ONCOLOGY*
Zak, Y., Moore, H. G., Ghosh, B. C.
2008; 97 (1): 1–2