Stanford



Rebecca Lauren Tisdale

Assistant Professor of Medicine (PCPH)

Medicine - Primary Care and Population Health

Bio

BIO

Becca Tisdale, MD, MPA is an internist, obesity medicine specialist, and health services researcher with interests in cardiovascular disease, global health, and health systems. As a VA Health Services Research & Development fellow (2020-2023) and Investigator in the VA Center for Innovation to Implementation (Ci2i) and Stanford Cardiovascular Outcomes, Policy, & Implementation Research Group (COPIR), her work has focused on value, access, and equity in cardiovascular disease care and the role of virtual care in achieving these goals. She additionally serves as Medical Director of the Evaluation Sciences Unit (ESU) with the Division of Primary Care and Population Health.

Previously, she received a BA with distinction in Human Biology from Stanford in 2009, followed by a master of public administration (MPA) joint degree from Sciences Po, Paris and the London School of Economics. She then matriculated at Columbia University College of Physicians and Surgeons for medical school, where she was active in global health activities, researching multidisciplinary teams in HIV care in Ethiopia and serving on the board of the student international health organization. As a global health track resident at Stanford, Becca spent time working in Rwanda through the Johnson and Johnson program and participated in the inaugural Women Leaders in Global Health conferences at Stanford and in London. In 2019-2020, she comprised one third of Stanford's first all-woman internal medicine chief resident cohort. Outside of work, she enjoys all things French as well as running, both in races and after her young children.

ACADEMIC APPOINTMENTS

- Assistant Professor-Univ Med Line, Medicine - Primary Care and Population Health

HONORS AND AWARDS

- Julian Wolfsohn Award for clinical judgment, leadership, teaching, and kindness, Stanford Internal Medicine Residency (2017)
- Alpha Omega Alpha, Columbia University College of Physicians & Surgeons (2016)
- Glasgow-Rubin Achievement Award for women graduates in top 10% of class, Columbia University College of Physicians & Surgeons (2016)
- Drs. Savitt & McCormack Award for medical skill, consideration, understanding, and compassion, Columbia University College of Physicians & Surgeons (2016)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Global Health Postdoctoral Affiliate, Center for Innovation in Global Health (CIGH), Stanford University (2022 - present)

PROFESSIONAL EDUCATION

- Fellowship, VA Palo Alto/Stanford Department of Health Policy , Health Services Research (2023)
- Chief Residency, Stanford University , Internal Medicine (2020)

- Internal Medicine, Stanford University , Internal Medicine (2019)
- MD, Columbia University College of Physicians and Surgeons , Medicine (2016)
- MPA, Sciences Po/London School of Economics , Public Administration (2012)
- BA, Stanford University , Human Biology (2009)

Publications

PUBLICATIONS

- **Validation of the PREVENT-HF Risk Prediction Equation in US Veterans.** *Circulation*
  Tisdale, R. L., Kalwani, N. M., Fan, J., McDonald, V., Shalen, E. F., Chan, B., Verma, A., Din, N., Sahay, A., Ambrosy, A. P., Heidenreich, P., Sandhu, A. T.
  2026
- **Notification of High-Risk Veterans for Access to Heart Failure Prevention: Design of the NOVA-HF Trial**
  McDonald, V., Kalwani, N., Fan, J., Shalen, E., Chan, B., Verma, A., Sahay, A., Heidenreich, P. A., Sandhu, A. T., Tisdale, R. L.
  LIPPINCOTT WILLIAMS & WILKINS.2026: A13694
- **Validation of the PREVENT-HF Risk Prediction Equation in the Veterans Health Administration**
  Tisdale, R., Kalwani, N. M., Fan, J., McDonald, V., Shalen, E., Chan, B., Verma, A., Din, N., Sahay, A., Ambrosy, A. P., Heidenreich, P. A., Sandhu, A. T.
  LIPPINCOTT WILLIAMS & WILKINS.2026
- **Intersection of Patient and Hospital Rurality in Heart Failure Care and Outcomes.** *JAMA cardiology*
  Verma, A., Fan, J., Wei, C., O'Connell, B., Brownell, N., Tisdale, R., Kalwani, N., Ma, I., Ambrosy, A. P., Kohsaka, S., Heidenreich, P. A., Sandhu, A. T.
  2026
- **Changes in Clinician Telemedicine Use and Care Patterns for Patients With Heart Failure in the United States.** *Circulation. Population health and outcomes*
  Joshi, M., Koos, H., Sandhu, A. T., Parameswaran, V., Tisdale, R. L., Heidenreich, P., Scheinker, D., Rodriguez, F., Kalwani, N. M.
  2026; 19 (2): e012089
- **Potential For Missed Heart Failure Diagnosis Among Those High B-type Natriuretic Peptide Values**
  Heidenreich, P., Kalwani, N., Sallam, K., Hsia, S., Tisdale, R., Dejong, C., Sandhu, A.
  CHURCHILL LIVINGSTONE INC MEDICAL PUBLISHERS.2026
- **Gaps in Stroke Risk Documentation for Veterans with Incident Atrial Fibrillation**
  Kalwani, N., Tisdale, R., Koos, H., Din, N., Fan, J., Safarnejad, L., Perino, A., Chan, D., Sandhu, A., Heidenreich, P.
  LIPPINCOTT WILLIAMS & WILKINS.2025
- **Variation in Telehealth Use for Patients With Incident Atrial Fibrillation Across the Veterans Health Administration: Retrospective Cohort Study.** *Journal of medical Internet research*
  Tisdale, R. L., Kalwani, N. M., Koos, H., Fan, J., Din, N., Perino, A. C., Chan, D. C., Sandhu, A. T., Heidenreich, P. A.
  2025; 27: e76177
- **VARIATION IN VIDEO CARE USE FOR PATIENTS WITH INCIDENT ATRIAL FIBRILLATION IN THE VETERANS HEALTH ADMINISTRATION**
  Tisdale, R. L., Kalwani, N. M., Koos, H., Fan, J., Din, N., Perino, A., Chan, D. C., Sandhu, A., Heidenreich, P.
  SPRINGER.2025: S669
- **STABLE USE OF EMERGENCY CARE AMONG USERS OF A VA TELEHEALTH-BASED CARDIOLOGY CLINIC**
  Tisdale, R. L., Van Campen, J., Greene, A. L., Wagner, T. H., Asch, S., Heidenreich, P., Hussain, T., Zulman, D. M.
  SPRINGER.2025: S663-S664
- **An approach to evaluating the impact of virtual specialty care: the Veterans Health Administration's clinical resource hub as case study.** *JAMIA open*
  Tisdale, R. L., Burnett, K., Rogers, M., Nelson, K., Heyworth, L., Zulman, D. M.
  2025; 8 (3): ooaf038

- **Differential Selection of Obesity Treatments by Race/Ethnicity: Insights From the Veterans Affairs Healthcare System.** *JACC. Advances*
  Tisdale, R. L., Beyene, T. J., Tang, W., Sandhu, A. T., Heidenreich, P., Asch, S., Yong, C. M.
  2025; 4 (6 Pt 2): 101819
- **Learning Health Systems Research: Continued Progress and Ongoing Challenges.** *Medical care*
  Tisdale, R. L., Sarkar, U.
  2025; 63 (5): 331-333
- **Balancing Efficiency and Equity in Population-Wide CKD Screening.** *JAMA network open*
  Cusick, M. M., Tisdale, R. L., Adams, A. S., Chertow, G. M., Owens, D. K., Salomon, J. A., Goldhaber-Fiebert, J. D.
  2025; 8 (4): e254740
- **Predicted Mortality and Cardiology Follow-Up Following Heart Failure Hospitalizations Among Veterans Health Administration Patients.** *Journal of cardiac failure*
  Tisdale, R. L., Cao, F., Skye, M., Vardeny, O., Sallam, K., Kalwani, N., Hsaio, S., Varshney, A. S., Heidenreich, P. A., Sandhu, A. T.
  2025
- **Opportunities to Address Specialty Care Deserts and the Digital Divide through the Veterans Health Administration's Telehealth Hub-and-Spoke Cardiology Clinic: Retrospective Cohort Study.** *Journal of medical Internet research*
  Tisdale, R. L., Purmal, C., Kalwani, N., Sandhu, A., Heidenreich, P., Zulman, D., Hussain, T.
  2024; 26: e53932
- **Racial and Ethnic Differences in Semaglutide Prescriptions for Veterans With Overweight or Obesity in the Veterans Affairs Healthcare System.** *Circulation. Cardiovascular quality and outcomes*
  Tisdale, R. L., Beyene, T. J., Tang, W., Heidenreich, P., Asch, S. M., Yong, C. M.
  2024: e011649
- **Populationwide Screening for Chronic Kidney Disease: A Cost-Effectiveness Analysis.** *JAMA health forum*
  Cusick, M. M., Tisdale, R. L., Chertow, G. M., Owens, D. K., Goldhaber-Fiebert, J. D., Salomon, J. A.
  2024; 5 (11): e243892
- **Patient-, Provider-, and Facility-Level Contributors to the Use of Cardiology Telehealth Care in the Veterans Health Administration: Retrospective Cohort Study.** *Journal of medical Internet research*
  Tisdale, R. L., Ferguson, J. M., Van Campen, J., Greene, L., Wray, C. M., Zulman, D. M.
  2024; 26: e53298
- **Equity in Heart Failure Care: A Get With the Guidelines Analysis of Between- and Within-Hospital Differences in Care by Sex, Race, Ethnicity, and Insurance.** *Circulation. Heart failure*
  Sandhu, A. T., Grau-Sepulveda, M. V., Witting, C., Tisdale, R. L., Zheng, J., Rodriguez, F., Edward, J. A., Ambrosy, A. P., Greene, S. J., Alhanti, B., Fonarow, G. C., Joynt Maddox, K. E., Heidenreich, et al
  2024: e011177
- **Equity in the Setting of Heart Failure Diagnosis: An Analysis of Differences Between and Within Clinician Practices.** *Circulation. Heart failure*
  Gupta, A., Tisdale, R. L., Calma, J., Stafford, R. S., Maron, D. J., Hernandez-Boussard, T., Ambrosy, A. P., Heidenreich, P. A., Sandhu, A. T.
  2024: e010718
- **Teleoncology in the Veterans Health Administration: Models of Care and the Veteran Experience.** *American Society of Clinical Oncology educational book. American Society of Clinical Oncology. Annual Meeting*
  Parikh, D. A., Rodgers, T. D., Passero, V. A., Chang, J. C., Tisdale, R., Kelley, M. J., Das, M.
  2024; 44 (3): e100042
- **RACIAL AND ETHNIC DIFFERENCES IN OBESITY TREATMENT IN THE VETERANS AFFAIRS HEALTHCARE SYSTEM**
  Tisdale, R. L., Beyene, T. J., Tang, W. L., Yong, C. M.
  SPRINGER.2024: S800-S801
- **CARDIOLOGY FOLLOWUP CARE FOR VETERANS WITH HEART FAILURE**
  Cao, F., Tisdale, R., Heidenreich, P. A., Sandhu, A.
  ELSEVIER SCIENCE INC.2024: 402
- **RACIAL AND ETHNIC DIFFERENCES IN OBESITY TREATMENT STRATEGIES IN THE VETERANS AFFAIRS HEALTHCARE SYSTEM**
  Tang, W., Tisdale, R., Beyene, T., Yong, C. M.

ELSEVIER SCIENCE INC.2024: 1701

- **CARDIOLOGY FOLLOWUP CARE FOR VETERANS WITH HEART FAILURE**
  Cao, F., Tisdale, R., Heidenreich, P. A., Sandhu, A.
  ELSEVIER SCIENCE INC.2024: 402

- **The prevalence of cardiovascular disease risk factors among adults living in extreme poverty.** *Nature human behaviour*
  Geldsetzer, P., Tisdale, R. L., Stehr, L., Michalik, F., Lemp, J., Aryal, K. K., Damasceno, A., Houehanou, C., Jorgensen, J. M., Lunet, N., Mayige, M., Saeedi Moghaddam, S., Mwangi, et al
  2024

- **Disparities in Video-Based Primary Care Use Among Veterans with Cardiovascular Disease.** *Journal of general internal medicine*
  Tisdale, R., Der-Martirosian, C., Yoo, C., Chu, K., Zulman, D., Leung, L.
  2024

- **Population-Wide Screening for Chronic Kidney Disease.** *Annals of internal medicine*
  Cusick, M. M., Tisdale, R. L., Chertow, G. M., Owens, D. K., Goldhaber-Fiebert, J. D.
  2024; 177 (1): eL230370

- **PATIENT, CLINICIAN, AND FACILITY CONTRIBUTIONS TO VARIABILITY IN USE OF VA VIRTUAL CARDIOLOGY CARE**
  Tisdale, R. L., Ferguson, J. M., Greene, A. L., Van Campen, J., Wagner, T. H., Zulman, D.
  SPRINGER.2023: S253-S254

- **DISPARITIES IN VIDEO CARE USE AMONG VETERANS WITH CARDIOVASCULAR DISEASE**
  Tisdale, R. L., Der-Martirosian, C., Yoo, C., Chu, K., Zulman, D., Leung, L. B.
  SPRINGER.2023: S173

- **Population-Wide Screening for Chronic Kidney Disease : A Cost-Effectiveness Analysis.** *Annals of internal medicine*
  Cusick, M. M., Tisdale, R. L., Chertow, G. M., Owens, D. K., Goldhaber-Fiebert, J. D.
  2023

- **Opportunities to Enhance the Implementation of Veterans Affairs Video-Based Care: Qualitative Perspectives of Providers from Diverse Specialties.** *Journal of medical Internet research*
  Slightam, C., Wray, C., Tisdale, R. L., Zulman, D. M., Gray, C.
  2023; 25: e43314

- **Predictors of Incident HeartFailure Diagnosis Setting: Insights From the Veterans Affairs Healthcare System.** *JACC. Heart failure*
  Tisdale, R. L., Fan, J., Calma, J., Cyr, K., Podchiyska, T., Stafford, R. S., Maron, D. J., Hernandez-Boussard, T., Ambrosy, A., Heidenreich, P. A., Sandhu, A. T.
  2022

- **Disparities in virtual cardiology visits among Veterans Health Administration patients during the COVID-19 pandemic.** *JAMIA open*
  Tisdale, R. L., Ferguson, J., Van Campen, J., Greene, L., Sandhu, A. T., Heidenreich, P. A., Zulman, D. M.
  2022; 5 (4): ooac103

- **Disparities in Hospital Length of Stay Across Race and Ethnicity Among Patients With Heart Failure.** *Circulation. Heart failure*
  Zheng, J., Tisdale, R. L., Heidenreich, P. A., Sandhu, A. T.
  2022; 15 (11): e009362

- **Treatment Differences in Medical Therapy for Heart Failure With Reduced Ejection Fraction Between Sociodemographic Groups.** *JACC. Heart failure*
  Witting, C., Zheng, J., Tisdale, R. L., Shannon, E., Kohsaka, S., Lewis, E. F., Heidenreich, P., Sandhu, A.
  2022

- **Medical therapy for patients with recent-onset heart failure with reduced ejection fraction during the COVID-19 pandemic: Insights from the Veteran's affairs healthcare system.** *American heart journal plus : cardiology research and practice*
  Sandhu, A., Zheng, J., Tisdale, R., Kohsaka, S., Turakhia, M. P., Heidenreich, P.
  2022: 100210

- **A systematic review of healthcare provider-targeted mobile applications for non-communicable diseases in low- and middle-income countries.** *NPJ digital medicine*

Geldsetzer, P., Flores, S., Wang, G., Flores, B., Rogers, A. B., Bunker, A., Chang, A. Y., Tisdale, R.
2022; 5 (1): 99

- **A Retrospective Analysis of Medical Student Performance Evaluations, 2014-2020: Recommend with Reservations.** *Journal of general internal medicine*
  Tisdale, R. L., Filsoof, A. R., Singhal, S., Caceres, W., Nallamshetty, S., Rogers, A. J., Verghese, A. C., Harrington, R. A., Witteles, R. M.
  2022
- **Cost-Effectiveness of Dapagliflozin for Non-diabetic Chronic Kidney Disease.** *Journal of general internal medicine*
  Tisdale, R. L., Cusick, M. M., Aluri, K. Z., Handley, T. J., Joyner, A. K., Salomon, J. A., Chertow, G. M., Goldhaber-Fiebert, J. D., Owens, D. K.
  2022
- **Utilization of Generic Cardiovascular Drugs in Medicare's Part D Program.** *Circulation. Cardiovascular quality and outcomes*
  Ma, I., Tisdale, R. L., Vail, D., Heidenreich, P. A., Sandhu, A. T.
  2021: CIRCOUTCOMES120007559
- **Patient-Centered, Sustainable Hypertension Care: The Case for Adopting a Differentiated Service Delivery Model for Hypertension Services in Low- and Middle-Income Countries.** *Global heart*
  Tisdale, R. L., Cazabon, D., Moran, A. E., Rabkin, M., Bygrave, H., Cohn, J.
  2021; 16 (1): 59
- **Disparity in the Setting of Incident Heart Failure Diagnosis.** *Circulation. Heart failure*
  Sandhu, A. T., Tisdale, R. L., Rodriguez, F., Stafford, R. S., Maron, D. J., Hernandez-Boussard, T., Lewis, E., Heidenreich, P. A.
  2021: CIRCHEARTFAILURE121008538
- **DISPARITIES IN VIRTUAL CARDIOLOGY VISITS AMONG VETERANS HEALTH ADMINISTRATION PATIENTS DURING THE COVID-19 PANDEMIC**
  Tisdale, R. L., Ferguson, J. M., Van Campen, J., Greene, L., Sandhu, A., Heidenreich, P., Zulman, D.
  SPRINGER.2021: S168
- **Availability of Cost-effectiveness Studies for Drugs With High Medicare Part D Expenditures.** *JAMA network open*
  Tisdale, R. L., Ma, I., Vail, D., Bhattacharya, J., Goldhaber-Fiebert, J. D., Heidenreich, P. A., Sandhu, A. T.
  2021; 4 (6): e2113969
- **PREDICTORS OF SETTING OF HEART FAILURE DIAGNOSIS**
  Tisdale, R., Stafford, R., Maron, D., Hernandez-Boussard, T., Rodriguez, F., Heidenreich, P., Sandhu, A.
  ELSEVIER SCIENCE INC.2021: 676
- **Patient-Centered, Sustainable Hypertension Care: The Case for Adopting a Differentiated Service Delivery Model for Hypertension Services in Low- and Middle-Income Countries** *GLOBAL HEART*
  Tisdale, R. L., Cazabon, D., Moran, A. E., Rabkin, M., Bygrave, H., Cohn, J.
  2021; 16 (1)
- **Trends in Left Ventricular Ejection Fraction for Patients With a New Diagnosis of Heart Failure.** *Circulation. Heart failure*
  Tisdale, R. L., Haddad, F., Kohsaka, S., Heidenreich, P. A.
  2020: CIRCHEARTFAILURE119006743
- **Association Between Neighborhood Social Risk and Hospital Readmission Reduction Penalties Under the New Stratified Approach: Is Dual Eligibility Adjustment Enough?** *Circulation. Cardiovascular quality and outcomes*
  Sandhu, A. T., Tisdale, R., Joynt Maddox, K. E., Heidenreich, P. A.
  2020: CIRCOUTCOMES119006353
- **Novel Graduate Medical Education in the Era of a Novel Virus** *Journal of Graduate Medical Education*
  Tisdale, R., Filsoof, A., Singhal, S.
  2020
- **How Much Time are Physicians and Nurses Spending Together at the Patient Bedside?** *Journal of hospital medicine*
  Sang, A. X., Tisdale, R. L., Nielsen, D., Loica-Mersa, S., Miller, T., Chong, I., Shieh, L.
  2019; 14: E1–E6

- **What's in a Name? Factors That Influence the Usage of Generic Versus Trade Names for Cardiac Medications Among Healthcare Providers** *CIRCULATION-CARDIOVASCULAR QUALITY AND OUTCOMES*
  Ouyang, D., Tisdale, R., Cheng, P., Chi, J., Chen, J. H., Ashley, E.
  2018; 11 (8)
- **What's in a Name? Factors That Influence the Usage of Generic Versus Trade Names for Cardiac Medications Among Healthcare Providers.** *Circulation. Cardiovascular quality and outcomes*
  Ouyang, D., Tisdale, R., Cheng, P., Chi, J., Chen, J. H., Ashley, E.
  2018; 11 (8): e004704
- **Acetaminophen or Tylenol? A Retrospective Analysis of Medication Digital Communication Practices.** *Journal of general internal medicine*
  Ouyang, D., Tisdale, R., Ashley, E., Chi, J., Chen, J. H.
  2018
- **APPLYING NATURAL LANGUAGE PROCESSING OF ECHOCARDIOGRAPHY REPORTS TO DESCRIBE EPIDEMIOLOGY OF HEART FAILURE**
  Tisdale, R., Heidenreich, P.
  ELSEVIER SCIENCE INC.2018: 712
- **MEDICATION COMMUNICATION PRACTICES BETWEEN PROVIDERS IN CARDIOLOGY**
  Tisdale, R., Ouyang, D., Cheng, P., Chi, J., Chen, J., Ashley, E.
  ELSEVIER SCIENCE INC.2018: 2644
- **EMR-based handoff tool improves completeness of internal medicine residents' handoffs.** *BMJ open quality*
  Tisdale, R. L., Eggers, Z., Shieh, L.
  2018; 7 (3): e000188
- **Stress and Anxiety Scores in First and Repeat IVF Cycles: A Pilot Study.** *PloS one*
  Turner, K., Reynolds-May, M. F., Zitek, E. M., Tisdale, R. L., Carlisle, A. B., Westphal, L. M.
  2013; 8 (5)