Stanford



Silvia Loica Inestroza

Clinical Assistant Professor, Medicine

CLINICAL OFFICE (PRIMARY)

- **Stanford Healthcare Tri-Valley Hospital**

  5555 W Las Positas Blvd

  Pleasanton, CA 94588

  Tel (925) 416-6681 **Fax** (925) 724-3096

Bio

CLINICAL FOCUS

- Internal Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine

ADMINISTRATIVE APPOINTMENTS

- Patient Flow Medical Director, Stanford Tri-Valley, (2026- present)
- Utilization Review Medical Director, Stanford Tri-Valley, (2025- present)
- Unit Based Medical Director, Stanford Tri-Valley, (2025- present)
- Chair, Medical Staff Quality Committee, Stanford Tri-Valley, (2024- present)
- Internal Medicine Physician Assistant Rotation Clerkship Director, Stanford Tri-Valley, (2019- present)
- Co-Chair, Code/RRT Committee, Stanford Tri-Valley, (2021-2025)
- Co-Chair, Hospital Quality Council, Stanford Tri-Valley, (2020-2025)
- Co-Chair, Sepsis Quality Committee, Stanford Tri-Valley, (2018- present)

PROFESSIONAL EDUCATION

- Medical Education: University of Southern California Keck School of Medicine (2014) CA
- Residency: Stanford University Internal Medicine Residency (2017) CA
- Board Certification: Internal Medicine, American Board of Internal Medicine (2017)

Publications

PUBLICATIONS

- **Medically ready for discharge: A multisite "point-in-time" assessment of hospitalized patients.** *Journal of hospital medicine*

  Bann, M., Meo, N., Lopez, J. P., Ou, A., Rosenthal, M., Khawaja, H., Goodman, L. A., Barone, M., Coleman, B., High, H. J., Overbeek, L., Shelbourn, P., VerMaas, et al

2023

- **The Wish Project: Implementation of a Low-Cost End-of-Life Intervention in a Community Setting**
  Minh-Chi Tran, Cravotto, B., Loica-Mersa, S., Jia, X., Conley, J., Tran, Q.
  ELSEVIER SCIENCE INC.2022: 895-896
- **How Much Time are Physicians and Nurses Spending Together at the Patient Bedside?** *Journal of hospital medicine*
  Sang, A. X., Tisdale, R. L., Nielsen, D., Loica-Mersa, S., Miller, T., Chong, I., Shieh, L.
  2019; 14: E1–E6

PRESENTATIONS

- Clinical Process Improvement: Sepsis and Early Recognition - Stanford ValleyCare