



## Rachel Sina Sussman

Adjunct Clinical Instructor, Educational Programs and Services (EPS)

### CLINICAL OFFICE (PRIMARY)

- **Family Medicine Associates**

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San Jose, CA 95128

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### Professional Overview

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#### BIO

Dr. Rachel Sussman grew up in Allentown, Pennsylvania and Chicago, and completed college at Yale, a master's degree in psychology at Harvard, and her medical degree at Stanford. She worked and studied for several years in Belgium and China. As a former middle and high school science teacher, she has a strong interest in education and the importance of good communication with patients. She has particular interests in women's health, pediatrics, lactation, and nutrition for the whole family. Her interest in psychology also guided her towards a fellowship at Stanford and expertise in addiction and chemical dependency. Dr. Sussman enjoys biking everywhere she can with her three kids, going to the farmer's market on the weekends, reading, and yoga.

#### CLINICAL FOCUS

- Family Medicine
- Addiction Medicine
- Prenatal care
- Women's Health
- Point-of-care ultrasound

#### PROFESSIONAL EDUCATION

- Medical Education: Stanford University School of Medicine (2013) CA
- Fellowship: Stanford University Addiction Medicine Fellowship (2017) CA
- Residency: Stanford O'Connor Family Medicine Residency (2016) CA
- Board Certification: Addiction Medicine, American Board of Preventive Medicine (2018)
- Board Certification: Family Medicine, American Board of Family Medicine (2016)

#### GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Psychiatry and Behavioral Science (Fellowship Program)

## Scientific Focus

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### PUBLICATIONS

- **The Time for Opioid Tapering Blister Packs Has Arrived: an Argument for Prescription Tapering Tools to Combat the Opioid Epidemic.** *Journal of general internal medicine*  
Sussman, R. S.  
2022
- **Complex clinical management of group A Streptococcal pelvic inflammatory disease after bilateral tubal ligation in a small community hospital.** *BMJ case reports*  
Wolfenden, E., Mittal, M., Sussman, R.  
2020; 13 (10)
- **Qualitative Assessment of Clerkship Students' Perspectives of the Topics of Pain and Addiction in their Preclinical Curriculum.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*  
Raber, I., Ball, A., Papac, J., Aggarwal, A., Sussman, R., Basaviah, P., Newmark, J., Lembke, A.  
2018; 42 (5): 664-667
- **Qualitative Assessment of Clerkship Students' Perspectives of the Topics of Pain and Addiction in their Preclinical Curriculum** *Academic Psychiatry*  
Raber, I., Ball, A., Papac, J., Aggarwal, A., Sussman, R., Basaviah, P., Newmark, J., Lembke, A.  
2018: 664–67
- **Dermatology resident physician training and readiness to identify and manage elder mistreatment**  
Chang, J., Danesh, M., Endo, J., Osterberg, L., Millsop, J., Aughenbaugh, W., Schillinger, E., Singh, B., Sussman, R., Chang, A. S.  
MOSBY-ELSEVIER.2016: AB25
- **Spatial Context Learning Survives Interference From Working Memory Load** *JOURNAL OF EXPERIMENTAL PSYCHOLOGY-HUMAN PERCEPTION AND PERFORMANCE*  
Vickery, T. J., Sussman, R. S., Jiang, Y. V.  
2010; 36 (6): 1358-1371