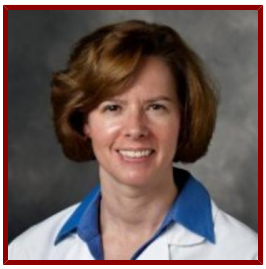
Stanford



Theresa Mallick-Searle, MS, PMGT-BC, ANP-BC, FAANP

Professional Overview

BIO

Theresa is an Adult Nurse Practitioner with over 29 years' experience at Stanford Health Care in Palo Alto, California. She received her graduate degree from University of California, San Francisco.

Theresa's current clinical practice within the Division of Pain Medicine, focuses primarily on evaluation and treatment of individuals suffering from acute and chronic pain conditions in both the hospital and outpatient settings.

As part of her commitment to education and professional development, she lectures extensively on topics surrounding pain management both locally and regionally. She has authored and co-authored numerous articles, abstracts, and book chapters on topics pertaining to pain assessment and management. Theresa is a clinical preceptor for NP and PA students in the greater Bay Area; she also mentors and instructs the fellows and residents on the Stanford Pain Service.

Theresa is actively involved in multiple professional organizations including: The American Association of Nurse Practitioners, California Association of Nurse Practitioners, American Society of Pain Management Nursing and American Academy of Pain Medicine. As part of her commitment to safety and ethical treatment of patients with pain; Theresa has provided services as an independent expert witness on issues related to pain management and treatment.

CLINICAL FOCUS

- Nurse Practitioner
- Pain Management

HONORS AND AWARDS

- Fellow American Association Nurse Practitioners, American Association Nurse Practitioners (2025)
- 2024 AANP State Award for Excellence, American Association Nurse Practitioners (2024)
- Nurse Practitioner of the Year (Pain Management), Point of Care Network (2022)
- Nurse Practitioner of the Year (Pain Management), Point of Care Network (2021)
- Nurse Practitioner of the Year (Pain Management), Point of Care Network (2019)
- Advanced Practice Provider of the Year, Stanford Health Care (2015)

PROFESSIONAL EDUCATION

- Professional Education: University of California at San Francisco School Of Nursing (2002) CA
- Board Certification: Nurse Practitioner, American Nurses Credentialing Center (2014)

INTERNET LINKS

- Stanford Pain Management site: https://stanfordhealthcare.org/medical-clinics/pain-management.html

Scientific Focus

PUBLICATIONS

- **Multimodal Therapies for the Treatment of Neuropathic Pain: The Role of Lidocaine Patches in Combination Therapy: A Narrative Review.** *Pain and therapy*
  Nalamachu, S., Mallick-Searle, T., Adler, J., Chan, E. K., Borgersen, W., Lissin, D.
  2025
- **Review of Challenges in Performing Real-World Evidence Studies for Nonprescription Products.** *Pragmatic and observational research*
  Maihofner, C., Mallick-Searle, T., Vollert, J., Kalita, P., Sood Sethi, V.
  2025; 16: 7-18
- **Frontline Perspectives on Buprenorphine for the Management of Chronic Pain.** *Journal of multidisciplinary healthcare*
  Adler, J., Mallick-Searle, T., Garofoli, M., Zimmerman, A.
  2024; 17: 1375-1383
- **Update on Treating Painful Diabetic Peripheral Neuropathy: A Review of Current US Guidelines with a Focus on the Most Recently Approved Management Options** *Journal of Pain Research*
  Mallick-Searle, T., Adler, J.
  2024; 17: 1005—1028
- **INP104: a drug evaluation of a nonoral product for the acute treatment of migraine.** *Pain management*
  Starling, A. J., Mallick-Searle, T., Shrewsbury, S. B., Aurora, S. K.
  2023
- **Naloxegol (Movantik®) Provides Rapid and Sustained Improvement of Opioid-Induced Constipation Symptoms Irrespective of Opioid Dose**
  McLeskey, C., Gudin, J., Adler, J., Rockett, C., Jamindar, M., Rauck, R., Webster, L., Mallick-Searle, T.
  ELSEVIER SCIENCE INC.2023: 237
- **Naloxegol (Movantik®) Provides Rapid Response and Sustained Improvement of Opioid-Induced Constipation Symptoms in Older Adults**
  McLeskey, C., Brenner, D., Rockett, C., Jamindar, M., Bortey, E., Hale, M., Mallick-Searle, T.
  ELSEVIER SCIENCE INC.2023: 237-238
- **Efficacy and safety of tanezumab, NSAIDs, and placebo in patients with moderate to severe hip or knee osteoarthritis and a history of depression, anxiety, or insomnia: post-hoc analysis of phase 3 trials.** *Current medical research and opinion*
  Mease, P., Kuritzky, L., Wright, W. L., Mallick-Searle, T., Fountaine, R., Yang, R., Sadrarhami, M., Faison, W., Johnston, E., Viktrup, L.
  2022: 1-39
- **Holistic Pain Management in Pregnancy: What RNs, APRNs, Midwives and Mental Health Professionals Need to Know**
  edited by Mallick-Searle, T.
  Springer International .2022
- **Professional Pain Societies Have Value, But Need to Do More.** *Practical Pain Management*
  Mallick-Searle, T., Adler, J.
  2022; September/October (5)
- **Naloxegol Accelerates Time to First Spontaneous Bowel Movement (SBM) and Complete SBM (CSBM) With Predictable Efficacy in Patients With Extreme Opioid-Induced Constipation (OIC): A Pooled Analysis of Two Phase 3 Trials**
  Chey, W. D., Brenner, D. M., Adler, J., Mallick-Searle, T., Rockett, C., Bortey, E.
  LIPPINCOTT WILLIAMS & WILKINS.2021: S221

- **Naloxegol Achieved Rapid and Sustained Improvement of Opioid-Induced Constipation (OIC) Symptoms in Patients With Extreme OIC: A Pooled Analysis of Two Pivotal Phase 3 Trials**
  Brenner, D. M., Chey, W. D., Adler, J., Mallick-Searle, T., Bortey, E., Rockett, C.
  LIPPINCOTT WILLIAMS & WILKINS.2021: S227

- **Efficacy of Subcutaneous Tanezumab for the Treatment of Osteoarthritis of the Knee or Hip: A Post Hoc Subgroup Analysis of Patients from a Randomized, NSAID-Controlled Study with a History of Depression, Anxiety, or Insomnia**
  Mease, P., Mallick-Searle, T., Johnston, E., Viktrup, L., Menuet, D., Yang, R., Fountaine, R.
  WILEY.2021: 1467-1469

- **Pharmacotherapy for Pain Management** *Advanced Pharmacology for Prescribers, 1st ed.*
  Mallick-Searle, T., Vongspanich , J., Ali , A.
  Springer Publishing.2021; 1st: 533–548

- **Pain and Function in Chronic Musculoskeletal Pain-Treating the Whole Person.** *Journal of multidisciplinary healthcare*
  Mallick-Searle, T., Sharma, K., Toal, P., Gutman, A.
  2021; 14: 335–47

- **Unmet needs in the acute treatment of migraine attacks and the emerging role of calcitonin gene-related peptide receptor antagonists: An integrative review.** *Journal of the American Association of Nurse Practitioners*
  Mallick-Searle, T., Moriarty, M.
  2020

- **Understanding Buprenorphine for Use in Chronic Pain: Expert Opinion.** *Pain medicine (Malden, Mass.)*
  Webster, L., Gudin, J., Raffa, R. B., Kuchera, J., Rauck, R., Fudin, J., Adler, J., Mallick-Searle, T.
  2020

- **Headaches** *Pharmacotherapeutics for Advanced Practice Nurse Prescribers, 5th ed.*
  Mallick-Searle, T.
  F.A. Davis Company.2020; 5th: 1069–1099

- **Monoclonal Antibodies to CGRP or Its Receptor for Migraine Prevention** *JNP-JOURNAL FOR NURSE PRACTITIONERS*
  Moriarty, M., Mallick-Searle, T., Barch, C. A., Oas, K.
  2019; 15 (10): 717-+

- **Cannabinoids in Pain Treatment: An Overview** *PAIN MANAGEMENT NURSING*
  Mallick-Searle, T., St Marie, B.
  2019; 20 (2): 107–12

- **International Stakeholder Community of Pain Experts and Leaders Call for an Urgent Action on Forced Opioid Tapering** *PAIN MEDICINE*
  Darnall, B. D., Juurlink, D., Kerns, R. D., Mackey, S., Van Dorsten, B., Humphreys, K., Gonzalez-Sotomayor, J. A., Furlan, A., Gordon, A. J., Gordon, D. B., Hoffman, D. E., Katz, J., Kertesz, et al
  2019; 20 (3): 429–33

- **International Stakeholder Community of Pain Experts and Leaders Call for an Urgent Action on Forced Opioid Tapering.** *Pain medicine (Malden, Mass.)*
  Darnall, B. D., Juurlink, D., Kerns, R. D., Mackey, S., Van Dorsten, B., Humphreys, K., Gonzalez-Sotomayor, J. A., Furlan, A., Gordon, A. J., Gordon, D. B., Hoffman, D. E., Katz, J., Kertesz, et al
  2018

- **The importance of nurse monitoring for potential opioid abuse in their patients** *JOURNAL OF APPLIED BIOBEHAVIORAL RESEARCH*
  Mallick-Searle, T., Chang, H.
  2018; 23 (1)

- **Physiology of Pain** *Core Curriculum for Pain Management Nursing*
  Montgomery, R., Mallick-Searle, T., Peltier, C., Polomano, R.
  Elsevier.2018; 3rd: 132–169

- **An overview of abuse-deterrent opioids and recommendations for practical patient care** *JOURNAL OF MULTIDISCIPLINARY HEALTHCARE*
  Adler, J. A., Mallick-Searle, T.

2018; 11: 323–32

- **Commonly used nonopioid analgesics in adults.** *Nursing*
  Mallick-Searle, T.
  2018; 48 (5): 61–63
- **The pathophysiology, incidence, impact, and treatment of opioid-induced nausea and vomiting** *JOURNAL OF THE AMERICAN ASSOCIATION OF NURSE PRACTITIONERS*
  Mallick-Searle, T., Fillman, M.
  2017; 29 (11): 704–10
- **Diagnosis and treatment for chronic migraine** *NURSE PRACTITIONER*
  Moriarty, M., Mallick-Searle, T.
  2016; 41 (6): 18-+
- **Over-the-Counter Analgesics: What Nurse Practitioners Need to Know** *JNP-JOURNAL FOR NURSE PRACTITIONERS*
  Mallick-Searle, T.
  2016; 12 (3): 174–80
- **Postherpetic neuralgia: epidemiology, pathophysiology, and pain management pharmacology** *JOURNAL OF MULTIDISCIPLINARY HEALTHCARE*
  Mallick-Searle, T., Snodgrass, B., Brant, J. M.
  2016; 9: 447–54