Stanford



Allan Mishra

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CLINICAL OFFICE (PRIMARY)

- **Menlo Medical Clinic**

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Professional Overview

CLINICAL FOCUS

- Menlo Clinic > Orthopaedics
- Sports Medicine
- Biologic Treatments
- Orthopaedic Sports Medicine

PROFESSIONAL EDUCATION

- Fellowship: Stanford University - Orthopaedic Surgery (1995) CA
- Internship: Beaumont Hospital Surgery Residency (1990) MI
- Medical Education: University of Michigan School of Medicine (1989) MI
- Residency: Beaumont Health System Dept of Orthopedic Surgery (1994) MI
- Board Certification: Orthopaedic Surgery, American Board of Orthopaedic Surgery (1997)

Scientific Focus

PUBLICATIONS

- **Platelet-rich plasma for the treatment of knee osteoarthritis: an expert opinion and proposal for a novel classification and coding system.** *Expert opinion on biological therapy*

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- **Treatment of medial epicondylar tendinopathy in athletes.** *Sports medicine and arthroscopy review*

  Mishra, A., Pirolo, J. M., Gosens, T.

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- **Efficacy of platelet-rich plasma for chronic tennis elbow: a double-blind, prospective, multicenter, randomized controlled trial of 230 patients.** *American journal of sports medicine*
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- **Platelet-rich Plasma in Orthopaedic Applications: Evidence-based Recommendations for Treatment** *JOURNAL OF THE AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS*
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  Mishra, A., Harmon, K., Woodall, J., Vieira, A.
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- **In Search of a Consensus Terminology in the Field of Platelet Concentrates for Surgical Use: Platelet-Rich Plasma (PRP), Platelet-Rich Fibrin (PRF), Fibrin Gel Polymerization and Leukocytes** *CURRENT PHARMACEUTICAL BIOTECHNOLOGY*
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- **Clinical Indications and Techniques for the Use of Platelet-Rich Plasma in the Elbow** *OPERATIVE TECHNIQUES IN SPORTS MEDICINE*
  Mishra, A., Gosens, T.
  2011; 19 (3): 170-176

- **RevaTen platelet-rich plasma improves cardiac function after myocardial injury.** *Cardiovascular revascularization medicine : including molecular interventions*
  Mishra, A., Velotta, J., Brinton, T. J., Wang, X., Chang, S., Palmer, O., Sheikh, A., Chung, J., Yang, P. C., Robbins, R., Fischbein, M.
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- **Platelet-Rich Plasma** *ORTHOPEDICS*
  Mishra, A.
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- **Buffered Platelet-Rich Plasma Enhances Mesenchymal Stem Cell Proliferation and Chondrogenic Differentiation** *TISSUE ENGINEERING PART C-METHODS*
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- **Treatment of Tendon and Muscle Using Platelet-Rich Plasma** *CLINICS IN SPORTS MEDICINE*
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- **Selecting and starting an orthopaedic surgery practice.** *Instructional course lectures*
  Mishra, A., Urquhart, A. G., Anders, G. T.
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- **Treatment of chronic elbow tendinosis with buffered platelet-rich plasma** *AMERICAN JOURNAL OF SPORTS MEDICINE*

Mishra, A., Pavelko, T.
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- **Compartment syndrome arising from use of an electronic cooling pad** *AMERICAN JOURNAL OF SPORTS MEDICINE*
  Khajavi, K., Pavelko, T., Mishra, A. K.
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- **Patellar tendon graft harvesting using horizontal incisions for anterior cruciate ligament reconstruction** *ARTHROSCOPY*
  Mishra, A. K., Fanton, G. S., Dillingham, M. F., Carver, T. J.
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