

# Stanford

---



## Clete A. Kushida, MD, PhD

Professor of Psychiatry and Behavioral Sciences at the Stanford University Medical Center

Psychiatry and Behavioral Sciences - Stanford Center for Sleep Sciences and Medicine

### CLINICAL OFFICES

- **Stanford Sleep Medicine Center**

450 Broadway St

Pavilion C 2nd Fl MC 5704

Redwood City, CA 94063

**Tel** (650) 723-6601      **Fax** (650) 721-3448

### Bio

---

#### BIO

Dr. Clete A. Kushida is a neurologist who specializes in the diagnosis and management of sleep related breathing disorders (e.g., obstructive sleep apnea), sleep-related movement disorders (e.g., restless legs syndrome), and parasomnias (e.g., sleepwalking, REM sleep behavior disorder). He is a neurologist, a Professor in the Department of Psychiatry and Behavioral Sciences at Stanford, Division Chief and Medical Director of Stanford Sleep Medicine, and Director of the Stanford Center for Human Sleep Research. He is founding President of the World Sleep Society, past President of the World Sleep Federation, past President of the American Academy of Sleep Medicine, and founding President of the California Sleep Society. Dr. Kushida has conducted basic and clinical sleep research since 1977, served as Principal Investigator for numerous large federally and industry sponsored studies, and his research interests include the anatomic and physiologic changes associated with sleep apnea, the management of restless legs syndrome, and countermeasures for sleep loss. He has authored or edited over 200 publications; he has also authored or edited six books, including serving as editor-in-chief of the largest publication on the field of sleep to date, the Encyclopedia of Sleep (4 volumes, 429 chapters, 748 authors).

#### CLINICAL FOCUS

- Neurology
- Sleep Disorders

2 OF 3

#### ACADEMIC APPOINTMENTS

- Professor - Med Center Line, Psychiatry and Behavioral Sciences - Stanford Center for Sleep Sciences and Medicine
- Member, Maternal & Child Health Research Institute (MCHRI)
- Member, Wu Tsai Neurosciences Institute

#### ADMINISTRATIVE APPOINTMENTS

- Division Chief, Stanford Sleep Medicine, (2017- present)
- Director, Stanford University Center for Human Sleep Research, (1996- present)

2 OF 3

## BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Founding/Inaugural President, World Sleep Society (2016 - present)
- Editor-in-Chief, Sleep Science and Practice Journal (2016 - present)
- Medical Advisory Board, Restless Legs Syndrome Foundation (2014 - 2016)

2 OF 11

## PROFESSIONAL EDUCATION

- Medical Education: University of Chicago Medical Center Internal Medicine Residency (1990) IL
- Fellowship: Stanford University School of Medicine Registrar (1996) CA

2 OF 9

## COMMUNITY AND INTERNATIONAL WORK

- APPLS - Apnea Positive-Pressure Long-Term Efficacy Study, Stanford Univ; Harvard Univ; Univ of Arizona; St. Luke's Hospital, MO; St. Mary's Hospital, WA

## LINKS

- Division of Stanford Sleep Medicine: <http://med.stanford.edu/sleepdivision.html>

## Research & Scholarship

---

### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Dr. Kushida is a neurologist and sleep specialist who directs several NIH- and industry-sponsored research studies, focused on topics such as the physical features and neurocognitive changes associated with the obstructive sleep apnea syndrome, the epidemiology and treatment of restless legs syndrome/periodic limb movement disorder, primary care sleep education and training, and countermeasures for sleep loss.

### CLINICAL TRIALS

- A Study of the Safety and Effectiveness of ADX-N05 for Excessive Daytime Sleepiness in Subjects With Narcolepsy, Recruiting
- Study to Evaluate the Pharmacokinetics, Pharmacodynamics, and Safety of Armodafinil in Children and Adolescents With Excessive Sleepiness Associated With Narcolepsy, Recruiting
- Apnea Positive Pressure Long-Term Efficacy Study, Not Recruiting

2 OF 12

## Publications

---

### PUBLICATIONS

- **Positive Airway Pressure and Survival in Patients With Obstructive Sleep Apnea.** *JAMA otolaryngology-- head & neck surgery*  
Kushida, C. A.  
2019
- **Corrigendum to "Adherence to continuous positive airway pressure improves attention/psychomotor function and sleepiness: a bias-reduction method with further assessment of APPLS" [SleepMedicine 37 (2017) 130-134].** *Sleep medicine*  
Holmes, T. H., Kushida, C. A.  
2019

2 OF 269