

Does dementia stress your family?



**Call for info
and confidential
discussion:**

650-849-0481

For general information
about participants rights,
contact 1-866-680-2906.



- **Would you like to learn ways to manage your stress?**
- **Would you like to learn more about dementia?**
- **Would you like to gain skills to help you care for yourself and your loved ones?**
- **Do you have an interest in helping to enhance Veteran- and family-centered care?**

Eligible participants:

Family caregivers of Veterans with dementia interested in group learning with other caregivers

Compensation: ranges from \$50-\$250