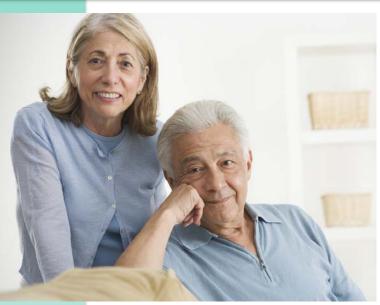
## VA Palo Alto Health Care System Research Does dementia stress your family?



## Call for info and confidential discussion:

## 650-849-0481

For general information about participants rights, contact 1-866-680-2906.



- Would you like to learn ways to manage your stress?
- Would you like to learn more about dementia?
- Would you like to gain skills to help you care for yourself and your loved ones?
- Do you have an interest in helping to enhance Veteran- and family-centered care?

## **Eligible participants:**

Family caregivers of Veterans with dementia interested in group learning with other caregivers

Compensation: ranges from \$50-\$250



